



YW CAMP CLOVER

What to Do & Things to Bring



THINGS TO BRING:

- Waste-free Lunch and Snacks (no nuts or nut products)
- Refillable Water Bottle
- Sunscreen (SPF 30 or higher)
- Towel
- Extra drinks if the weather is extreme
- Boots and rain gear for rain days and activities
- Clothes for the forest (long sleeves/pants) to be left at camp
- Sunglasses
- Bug repellent
- Extra Clothes
- Running shoes
- Swimming suit
- Medication if needed*

☺ **DON'T BRING:** Money, jewelry, cell phones, iPods, video games, or other toys/electronics

☺ Label all clothes and personal belongings that will be going to camp. **Tip: Use an indelible marker or pen at neck and waistbands of clothing and surgical tape and marker for plastic containers.**

☺ **MEDICATION:** We will only administer medications prescribed by a doctor that are in their original container with a prescription label clearly marked with your child's name. **Over the counter medication must be accompanied by a doctor's note.** Parents/Guardians must complete a medication form for all medication including epi-pens and inhalers. All medication is kept in a locked box either in the refrigerator or in the On-Site Supervisor's office.

Please DO NOT send your child to camp with medication to take on his/her own. They will not be allowed to administer their own medication unless it is for a life-saving situation (ex: Epi-pen/inhaler).

☺ **SHOES MUST BE WORN AT ALL TIMES** when not participating in waterfront activities.

☺ **Note:** Despite our best efforts, campers will misplace their belongings. When camp is over, lost and found items are brought back to the YW. Please call the main office at 519-744-3199 ext. 209. The YW Kitchener-Waterloo assumes no responsibility for loss or damage to personal property or belongings.

WHAT TO DO:

- Make sure your child boards the bus safely and has someone to meet them when they return.
- If your child will be absent for any reason, call the on-site Camp Supervisor or leave a message for your child's bus monitor.

IMPORTANT NUMBERS: Tip: Program these numbers into your cell phone so they are close at hand.

On-site Camp Supervisor: (519) 699-4407

Bus #1 Monitor: (519) 897-1931

Camp Manager (main office): (519) 744-3199 x 209

Bus #2 Monitor: (519) 897-1478